

FALL ATHLETE PARENTS ...

Fall Sport Camp letters are available on line at splhs.org; click on parents and then click forms and handbooks; fall sports.

Football ... Soccer ... Volleyball ... Cheerleading ... Cross Country practice officially starts Monday, August 8, 2022 this fall. MSHSAA, our governing body for athletics passed a heat acclimatization schedule for 16 days that all schools have to follow to start the fall practices. The guidelines are on mshsaa.org under sports medicine tab then under Heat/Hydration & Conditioning Recommendations. All sports must have 14 separate days of conditioning practice before the first contest.

The week of August 8 through August 12 the sport teams will have practice in the morning hours. The week of August 15 through August 19 practice times will be announced at a later time once the class schedule has been decided.

Soccer, Volleyball, Cheerleading, Cross Country - local athletes will be allowed to stay at home the first week of camp. Local athletes will need to make prior arrangements with the Business Office if they wish to eat meals in the dining hall. The cost for any meal in the dining hall for local students will be \$6.00 per meal.

Dorm athletes will need to live in the dorm for the first week of camp (unless staying with a host family). Cost for the dorm athletes for the one week will be \$95 which includes 3 meals each day.

Football ... local athletes will be allowed to stay at home the first week of camp. However, all local athletes are required to eat the team breakfast and lunch at a cost of \$60. There is an additional charge for the team tshirt of \$15. Total \$75. Dorm athletes staying in the dorm will have an additional \$35 fee for a total of \$110.

** Dorm athletes with filled out parent permission and host permission forms may stay with a local family.

PARENTS ...

Before your child can practice a fall sport, the school MUST have the following forms filled out and turned in to the Student Personnel Office (Mrs. Fiene). These forms are available at splhs.org, click on parents, and click the forms. - MSHSAA Pre-Participation Physical Evaluation Form, MSHSAA Annual Requirement Form, Immunization Record, Tuberculosis Screening (international students only). A copy of the student's health insurance card must also be on file and all forms must be completed in the enrollment portion of Saints Central (Blackbaud).

Meal Times for the first week will be the following:

Breakfast 7:00-7:30 am Cold Breakfast 7:00-8:30 am

Lunch 12 noon – 1:00 pm

Dinner 5:30 - 6:30 pm

FALL COACHES CONTACT LIST ...

Football – CJ Gifford - cgifford@splhs.org - 660-463-2238 x 266

Soccer – JT Toensing – jtoensing@splhs.org 660-463-2238 x 274

Volleyball – Thomas Lange - tlange@yahoo.com - 660-463-2238 x 516

Cheerleading – Tracy Bobzin - tbozbin@yahoo.com

Athletic Director - Monte Pitsch - mpitsch@splhs.org - 660-463-2238 x 611

Cross Country – Gina Martens – cte56410@centurytel.net

Cross Country – Eric Gramenz – egramenz@splhs.org x 262.

PARENTAL/HOST PERMISSION FOR SPORT CAMP

I/We give our athlete

Permission to stay with

Name/Address/Phone Number

During the _____ camp.

(please list the sport)

Mother's Signature

Father's Signature

Likewise, as the HOST FAMILY, I allow the above student to stay in our home during the fall sport camp.

Host Family Signature

This form must be on file in the Student Personnel Office prior to the start of the FALL SPORT CAMP.