

FALL ATHLETE PARENTS ...

Fall Sport Camp letters are available on line at splhs.org; click on parents and then click forms and handbooks; fall sports.

Football ... Soccer ... Volleyball ... practice officially starts Monday, July 31, 2017 this fall. MSHSAA, our governing body for athletics passed a heat acclimatization schedule for 16 days that all schools have to follow to start the fall practices. The guidelines are on mshsaa.org under sports medicine tab then under Heat/Hydration & Conditioning Recommendations.

By starting July 31, 2017 fall athletes will have to be here 2 weeks before school starts on August 14th if they are going to play a sport listed above. All sports have to have 14 separate days of conditioning practice before the first contest.

Soccer and Volleyball local athletes will be allowed to stay at home the entire 2 weeks of camp. Dorm athletes will need to live in the dorm for the two weeks of camp. Cost for the soccer and volleyball dorm athletes for the two weeks will be \$200. This figure includes all meals. **Dorm athletes with filled out parent permission and host permission forms may stay with a local family. Day students will not be allowed to eat in the dining hall unless prior arrangements with the Business Office have been made.

Cheerleaders and Lady Saints Golf will start practice on Monday, August 7, 2017. Local athletes will be allowed to stay at home and dorm athletes will need to be in the dorm for \$100 per athlete. This figure includes all meals. **Dorm athletes with filled out parent permission and host permission forms may stay with a local family. Day students will not be allowed to eat in the dining hall unless prior arrangements with the Business Office have been made.

Sunday, August 6 the **Football Team** (local and dorm students) will move into the Annex for the remainder of camp. The cost of camp on campus will be \$100 per player. This figure includes all meals. If dorm students reside in the dorm the first week, the charge is \$100.

PARENTS ...

Before your child can practice a fall sport, the school has to have the following forms filled out and turned in to the Student Personnel Office (Mrs. Fiene). These forms are available at splhs.org, click on parents, and click the forms.

- MSHSAA Pre-Participation Physical Evaluation
- MSHSAA Concussion Awareness Sheet
- SPLHS International Medical Questionnaire 2017-2018
- Parental Permission - Car Travel, Overnight/Weekend Visits, Vehicle Usage - 2017-2018
- Parental/Host Permission for Sport Camp

FALL COACHES CONTACT LIST ...

Football - Larry Laubenstein - llaubenstein@splhs.org - 660-463-2238 x284

Soccer - Luther Schmidt - lschmidt@splhs.org - 660-463-2238 x284

Volleyball – Thomas Lange - tlange@yahoo.com - 660-463-2238 x516

Cheerleading - Andrea Schmidt - aschmidt@splhs.org - 660-463-2238 x265

Athletic Director/Lady Saints Golf - Monte Pitsch - mpitsch@splhs.org - 660-463-2238 x611

PARENTAL/HOST PERMISSION FOR SPORT CAMP

I/We give our athlete

Permission to stay with

Name/Address/Phone Number

During the fall sport camp.

Mother's Signature

Father's Signature

Likewise, as the HOST FAMILY, I allow the above student to stay in our home during the fall sport camp.

Host Family Signature

This form must be on file in the Student Personnel Office prior to the start of the FALL SPORT CAMP.